

Philips Nightbalance lunoa Positional Sleep Treatment

Philips NightBalance Lunoa is a sleep position therapy alternative for patients with positional obstructive sleep apnea. NightBalance Lunoa is a palm-sized, ultra-thin machine that is worn across the chest in a soft, adjustable belt. Throughout the night, it delivers gentle vibrations to encourage a shift from sleeping on your back to sleeping on your side. It monitors your sleep positions and adjusts the strength of the vibrations as needed, without disturbing your sleep. All the data is uploaded straight into an online control panel and can be available by both patient and doctor.



What is positional obstructive sleep apnea?

When sleeping on you back, positional Obstructive Sleep Apnea (POSA) is a specific diagnosis where breathing blockages can occur more frequently. Individuals with POSA require a different treatment than those with OSA-- the goal being to control sleep positions during the night.

Main Features of Philips NightBalance Lunoa

No mask required; quiet, lightweight, easy to use and used in a soft belt around your chest

Clinically proven alternative to CPAP for positional obstructive sleep apnea patients

Monitors and records your reaction to treatment

Thirty days cash back guarantee

You can now buy using your HSA or FSA

Try the thirty days refund guarantee

What's included inside the package?

- NightBalance Lunoa
- Chest Strap
- Charging/Docking Station with power supply
- Travel Case
- User Guide

Philips Nightbalance lunoa FAQ

Q: I have a pacemaker/ICD can I use the Nightbalance?

A: Philips Nightbalance lunoa can not be utilized by patients who have a pacemaker.

Q: I sleep in an upright position or propped up on more than two pillows.Can I use the Nightbalance?

A: a. The Philips Nightbalance lunoa can not be used by patients that sleep in the upright position or need more than two pillows during sleep.

b.The Philips Nightbalance is not advised for the treatment of patients who are expected to sleep in the supine position because of a medical condition(back/shoulder surgery or osteoarthritis).

Q: What is the guarantee for the Philips Night balance?

A: The Nightbalance lunoa machine and docking station are warranted for 2 years.The service warranty will not cover: Any components that go through normal wear and tear. This includes the chest strap and sensor device batteries.Any damage or malfunction due to inaccurate usage, unauthorized alterations or repair work to the device, or not storing the device as outlined in the Guidelines for Use.

Q: How often do I need to charge the device?

A: The NightBalance Lunoa should be charged every other day for optimal performance. It is advised that the machine is charged every morning after usage by merely putting the machine on the docking station. All the data will likewise be moved to the patient portal once the machine is placed on the docking station.

Q: What is the adjustment program?

A: The Adaptation Program of the Nightbalance is designed to gradually train your body to respond to the Sensor Device's vibrations during sleep. The Adjustment Program is nine nights in overall. You require to use the Lunoa for 9 nights prior to the machine offers complete positional treatment.

a. Analysis Phase-- no vibrations are given during the first two nights of the therapy. The Lunoa collects standard information on your sleep patterns during nights one and two. This information is utilized to tailor the therapy to your individual sleeping habits in the future.

[Philips NightBalance Lunoa](#)

b. Buildup phase-- the Lunoa begins to provide vibrations. During nights 3 through nine of the treatment, the amount of vibrations when laying on you back build up gradually. This enables you to get utilized to the treatment.

KEEP IN MIND: It is advised to utilize the Nightbalance every night, or as agreed with your medical specialist for best treatment results.



Resources :

<https://s3.amazonaws.com/snoringcures/Philips-Nightbalance-lunoa.html>

<https://storage.googleapis.com/nightbalance/Philips-Nightbalance-lunoa.html>

<https://snoring.blob.core.windows.net/snoringcures/Philips-Nightbalance-lunoa.html>

<https://s3.amazonaws.com/night.balance/Philips-Nightbalance-lunoa.html>

<https://snoring.blob.core.windows.net/nightbalance/Philips-Nightbalance-lunoa.html>